



RSE Policy

Aim

Relationships and Sex Education is a lifelong process that begins informally in the home long before the journey through school commences. In school, we aim to build upon the foundations laid within the home.

We aim to ensure that by the end of KS1 in an age appropriate manner, children will have:

- the foundations on which to build a successful understanding of sex and relationships in the Junior phase of their education.
- strategies to use to keep themselves safe.

Curriculum objectives

Teaching of relationships and sex education is not explicit but rather it is embedded within different subject areas and Personal Development Education (see appendix 1).

By the end of Key Stage 1 pupils will be able to:

- use the language of Rights to recognise similarities and differences between themselves and others and treat others with sensitivity*
- identify and share their feelings with others
- recognise safe and unsafe situations
- identify and be able to talk with someone they trust
- be aware that their feelings and actions have an impact on others
- make a friend, talk with them and share feelings
- use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk
- recognise and compare the main external parts of the bodies of humans*

Pupils will know and understand:

- that animals, including humans, grow and reproduce*
- that humans and animals can produce offspring and these grow into adults*
- the basic rules for keeping themselves safe and healthy
- about safe places to play and safe people to be with
- the needs of babies and young people
- ways in which they are like and different from others

*Those statements marked with an asterisk are part of the National Curriculum science requirements.

School will:

- adhere to our safeguarding and child protection policies at all times
- answer any questions in an age appropriate way
- contact parents directly if a child asks any questions that are not in the curriculum stipulated for the end of KS1.

Policy to be reviewed September 2025

Personal Development Education at Tavistock Infant School

